



advanced

EXERCISE EQUIPMENT

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Miramar College

Miramar, CA



Location: Miramar, CA

Commercial Consultant: Mike Keller

Equipment Overview:

- * Life Fitness Elevation Series Engage cardio with 17 inch attachable LCD screens
- * Hammer Strength MTS
- * Life Fitness Signature Series
- * Life Fitness Pro2SE strength

Company Bio: Miramar College is a wonderful community college in San Diego County. Miramar College opened as a training facility for San Diego's law enforcement personnel and firefighters in 1969. The 125-acre campus has been steadily growing to meet student needs.

Recently, a 32-acre athletic complex, including the largest aquatic complex in San Diego County, was added. Each semester, about 12,000 individuals of all ages, ethnicities, and backgrounds attend Miramar College classes. Miramar is the home of the movie "Top Gun".

Facility Bio: The fitness facility had taken about 4 1/2 years of designing and planning. In April 2009, the doors were opened for use. The staff and particularly Rod Porter, Exercise Department Chair, was instrumental in the design and layout. The facility features the latest in premium exercise equipment, including Life Fitness Engage cardio equipment and Hammer Strength MTS equipment. The facility is the largest community college fitness center in San Diego County.