



LAUSD West Adams Prep High School Los Angeles, CA



Location: Los Angeles, CA
Commercial Consultant: Rick Moser
Equipment Overview:

- Physical Education Fitness Room:**
- * Life Fitness Pro2 Machines
 - * Life Fitness Dual Adjustable Pulley
 - * Life Fitness Smith Machine
 - * Life Fitness Cross Trainers
 - * Life Fitness Upright & Recumbent Bikes
 - * Life Fitness Adjustable Ab Benches
 - * Dumbbells with Benches

- Athletic Weight Room:**
- * Hammer Strength Half Racks with Benches
 - * York Platforms
 - * York Glute Ham Bench
 - * Life Fitness Fit Series Machines
 - * Life Fitness Vertical Knee Raise
 - * Dumbbells with Benches

Facility Bio:
State of the art facilities include a professional-grade all-weather turf football/soccer field, baseball/softball field, heated Olympic size pool, all-weather surface track, and basketball/volleyball gymnasiums.