



# LAUSD Arleta High School      Arleta, CA



**Location:** Arleta, CA

**Commercial Consultant:** Rick Moser

**Equipment Overview:**

**Physical Education Fitness Room:**

- \* Life Fitness Pro2 Machines
- \* Life Fitness 4 Stack Multi Jungle
- \* Life Fitness Cable Crossover
- \* Life Fitness Upright & Recumbent Bikes
- \* Life Fitness Adjustable Ab Benches
- \* Dumbbells with Benches

**Athletic Weight Room:**

- \* Hammer Strength Half Racks with Benches
- \* York Platforms
- \* York Glute Ham Benches
- \* Life Fitness Pro2 Machines
- \* Fit Series Machines
- \* Life Fitness Vertical Knee Raises
- \* Dumbbells with Benches

**Facility Bio:**

Mission Statement: Arleta High School will challenge every student to attain academic and personal success through a rigorous and relevant curriculum that is supported by positive relationships.

Expected School Wide Learning Results

Arleta High School Students Will Become:

- Community Contributors
- Critical Thinkers
- Effective Communicators
- Self-Directed Learners