



# Los Angeles Harbor College    Wilmington, CA



**Location:** Wilmington, CA

**Commercial Consultant:** Rick Moser

**Equipment Overview:**

- \* Life Fitness Elevation Series Inspire Cardio
- \* Life Fitness Pro2SE Machines
- \* Life Fitness Signature Series Machines
- \* Life Fitness 8 Stack Multi-Jungle
- \* Life Fitness Cable Motion Dual Adjustable Pulley
- \* Hammer Strength Half Rack Stations with Adjustable Benches and Power Platforms
- \* Hammer Strength Linear Leg Press, Calf Raise, Smith Machine

- \* (3) Body Weight Stations
- \* Preacher Curl
- \* Dumbbells with Benches

**Facility Bio:** Los Angeles Community College District is the largest community college district in the nation with 9 campuses. In early 2010, Harbor College opened a new Physical Education & Wellness facility which included a new Fitness and Strength Training Center.