

## Fitness Quest 10 Scripps Ranch, CA



**Location:** Scripps Ranch, CA

**Commercial Consultant:** Mike Keller

**Equipment Overview:**

- \* Hammer Strength Plate-Loaded strength
- \* Hammer Strength MTS
- \* Life Fitness Pro2SE strength
- \* Life Fitness cardio

**Company Bio:** Fitness Quest 10 is *the* premier personal training facility in San Diego. Owner Todd Durkin, national personal trainer of the year, runs a variety of programs and pushes all his clients to put a "10" effort into their programs.

Fitness Quest 10 works with the clients that just want to "get in shape" to the premier professional athletes.

**Facility Bio:** Fitness Quest 10 is a state-of-the-art athlete training facility. It has been featured on nation TV shows such as ESPN and 60 Minutes. The facility only has the best equipment available from leading manufactures including Life Fitness, Hammer Strength, and Keiser. The facility include plate loaded, cable and pneumatic equipment. Also included is premium cardio equipment and a indoor turf field for athletes to train on.