

advanced
EXERCISE EQUIPMENT

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California Lutheran University Thousand Oaks, CA



Location: Thousand Oaks, CA

Commercial Consultant: Rick Moser

Equipment Overview:

- * Life Fitness 93 Series Cardio
- * Fluid UBE
- * Life Fitness Pro2SE Machines
- * Life Fitness 12 Stack Multi-Jungle
- * Life Fitness Cable Motion Dual Adjustable Pulley
- * Hammer Strength Heavy Duty Power Racks with Platforms
- * Linear Leg Press, V-squat, Calf Raise, Preacher Curl
- * Ground Base Jammer
- * Hammer Strength Iso-Lateral
- * (6) Body Weight Stations
- * Dumbbells with Benches

Facility Bio: The California Lutheran University Forrest Fitness Center is located in the brand new Gilbert Sports and Fitness Center on Cal Lutheran's North Campus. The new 9,500 square foot Center is complete with all new equipment including free weights, weight machines, a resistance training circuit, and a greatly expanded cardio mezzanine. California Lutheran University opened the Gilbert Sports Center facility in 2007.