

## Cal State University Los Angeles Los Angeles, CA



**Location:** Los Angeles CA

**Commercial Consultant:** Rick Moser

### **Equipment Overview:**

- \* Life Fitness 93 Series Cardio
- \* Life Fitness Pro2SE Machines
- \* Life Fitness Signature Series Machines
- \* Life Fitness 8 Stack Multi-Jungle
- \* Life Fitness Cable Motion Dual Adjustable Pulley
- \* Hammer Strength Olympic Squat Racks, Olympic Bench, Incline & Shoulder Press, Linear Leg Press, Calf Raise, Smith Machine
- \* Hammer Strength Iso-Lateral Bench, Shoulder, Front Lat Pulldown, Rowing
- \* (7) Body Weight Stations
- \* Preacher Curl
- \* Dumbbells with Benches

**Facility Bio:** In Fall of 2008, Cal State LA opened a new Student Union facility which included a new Fitness and Weight Training Center. Located in the Basement Floor of U-SU, the "Xtreme Fitness Center" is furnished with state-of-the-art fitness equipment. Cutting-edge health and fitness programs including personal training and a wide array of group exercise classes are Available as well. Their mission is to promote health and wellness to the CSULA community and enhance the student experience in collaboration with the Kinesiology Department.